



For your consideration

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## A Typical Day...

A typical 4 hour day at Little Monsters Academy includes:



### **STRUCTURED LEARNING TIME** (2 x 30 minute blocks)

Sitting with a teacher in groups of 4 to 6 performing hands on activities to practice fine motor skills, number & letter recognition, phonics, and basic science concepts.

### **OUTDOOR PLAY** (1 hour)

Visiting the playground or forest area in Memorial South Park, or going on the occasional neighborhood walk.

### **FREE PLAY** (1 hour)

Choosing their own activities, playing with friends, and socializing.

### **GROUP CIRCLE TIME** (15 minutes opening & 30 minutes closing)

Reading, music, or conversations about the weekly theme, or exercise.

### **SNACK TIME** (30 minutes)









Fresh fruits, veggies, grains & dairy served every class.











## Daily Schedule

The transition times between activities may vary depending on the day.

### **Morning Class** 8:00 am - 12:00 pm (Monday to Friday)

Time		Activity
7:50 AM - 8:15 AM		Drop-Off / Free Play & Socialization
8:15 AM - 8:30 AM		Opening Group Circle Time (Yoga, Exercise & Music)
8:30 AM - 9:00 AM		Free Play & Socialization
9:00 AM - 9:30 AM		Structured Learning Time / Academic Activities
9:30 AM - 10:00 AM		Snack Time
10:00 AM – 11:00 AM		Outdoor Play @ South Memorial Park
11:00 AM - 11:30 AM		Structured Learning Time / Academic Activities
11:30 AM - 12:00 PM		Closing Group Circle Time / Pick-Up

### **Afternoon Class** 12:30 pm - 4:30 pm (Monday to Friday)

Time		Activity
12:20 PM - 12:45 PM		Drop-Off / Free Play & Socialization
12:45 PM - 1:00 PM		Opening Group Circle Time (Yoga, Exercise & Music)
1:00 PM - 1:30 PM		Free Play & Socialization
1:30 PM - 2:00 PM		Structured Learning Time / Academic Activities
2:00 PM - 2:30 PM		Snack Time
2:30 PM - 3:30 PM		Outdoor Play @ South Memorial Park
3:30 PM - 4:00 PM		Structured Learning Time / Academic Activities
4:00 PM - 4:30 PM		Closing Group Circle Time / Pick-Up

## ☀ Outdoor Play @ Memorial South Park

We take the children to Memorial South Park for one hour each class unless the weather presents a safety hazard to children.



Memorial South Park features a playground, 30 acres of green space, sporting facilities, public washrooms, and clean facilities. The park and surrounding neighborhood are safe, and we have permission from the Vancouver Park Board to use the park daily.



Children will use a rope-grab when travelling to and from the park.





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☀ Outdoor Play @ Memorial South Park







## Healthy Snacks Served Every Class

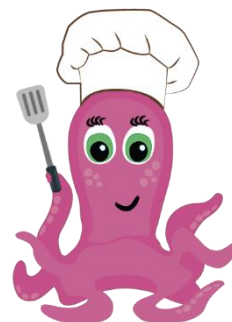
We follow Canada's Food Guide recommendations for daily servings.

Fruits	Vegetables	Grains	Dairy
			
Apples & Oranges Bananas & Berries Cantaloupe Watermelon	Peas & Carrots Tomatoes Corn Peppers	Bread & Toast Cereals Crackers Pasta (Macaroni)	Milk Cheese Yogurt Cottage Cheese

## Allergies & Response Plans

We pay very close attention to every child's allergies, and take extra precautions to ensure children with allergies are kept safe, with a response plan in place for any potential allergic reaction.

No Meat	No Nuts	No Eggs	No Junk Food
			



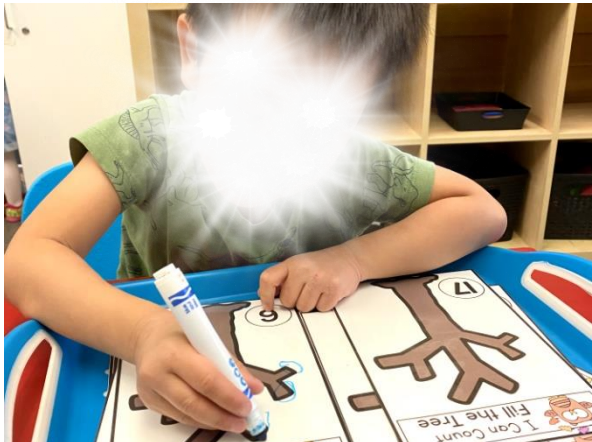
## Free Play & Socialization

We dedicate a minimum of 45 minutes per class to free play, allowing our students to choose their own activities and play with their friends.



## Structured Learning Time

Our structured learning time consists of two 30 minute blocks in which students sit with a teacher in groups of five or six and practice various age appropriate lessons, as well as group activities and science experiments.





**Group Circle Time**

Group circle time involves the entire class sitting together in the library area and participating in one of the following activities:

- Group discussion about the weekly theme
- Show & share (bringing a toy from home)
- Reading a story (based on the weekly theme)
- Children’s Yoga, or other exercises
- Music & dancing



**Keeping Children Safe**

	<p>Every teacher has training and valid certification in child specific First-Aid and CPR.</p>
	<p>Every teacher is a certified Early Childhood Educator under the Community Care and Assisted Living Act, has cleared RCMP background checks, and is notarized by a medical professional to be of sound mind and able to work with young children.</p>
	<p>Preparing and serving food to young children is part of our training, and we take extra precautions to ensure children are served meals that are safe and free from choking hazards or things that may cause allergic reactions.</p>
	<p>We are always cleaning. Our facility is sanitized twice daily, and our toys and classroom materials are sanitized at the end of every school day.</p>
	<p>All toys and classroom materials are age appropriate for children 30 to 60 months (2.5 to 5 years).</p>
	<p>Our facility remains locked during class time, with the exception of scheduled pick-up and drop-off times.</p>

## Holidays & Closures

Our facility will be closed on all statutory holidays, Easter Monday, two professional development days, and one-week Winter & Summer breaks.

### 2023 / 2024 School Year

Monday, September 4 <sup>th</sup> , 2023	Labour Day
Friday, September 29 <sup>th</sup> , 2023	National Truth & Reconciliation Day
Monday, October 9 <sup>th</sup> , 2023	Thanksgiving Day (Canada)
Friday, November 10 <sup>th</sup> , 2023	Remembrance Day
<b>Winter Break</b> Monday, December 25 <sup>th</sup> , 2023 – Monday, January 1 <sup>st</sup> , 2024 We will reopen Tuesday, January 2 <sup>nd</sup> , 2024	
Monday, February 20 <sup>th</sup> , 2024	Family Day
Friday, March 15 <sup>th</sup> , 2024	Professional Development Day
Friday, March 29 <sup>th</sup> , 2024	Good Friday
Monday, April 1 <sup>st</sup> , 2024	Easter Monday
Monday, May 20 <sup>th</sup> , 2024	Victoria Day
Friday, June 28 <sup>th</sup> , 2024	Professional Development Day
Monday, July 1 <sup>st</sup> , 2024	Canada Day
Monday, August 5 <sup>th</sup> , 2024	B.C. Day
<b>Summer Break</b> Monday, August 26 <sup>th</sup> , 2024 – Monday, September 2 <sup>nd</sup> , 2024 We will reopen Tuesday, September 3 <sup>rd</sup> , 2024	

